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Bob

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Mirowitz said.

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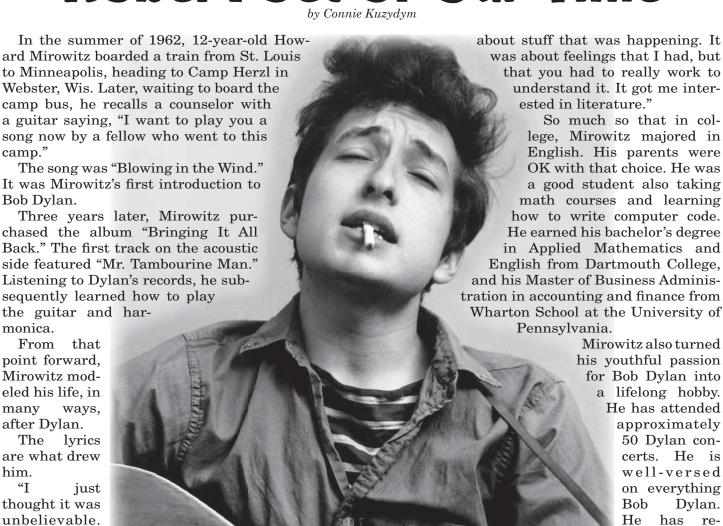
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Volume 34, Number 41 Thursday, October 18, 2018

Nobel Poet of Our Time



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Published and Printed by THE BEACHER BUSINESS PRINTERS

Delivered weekly, free of charge to Birch Tree Farms, Duneland Beach, Grand Beach, Hidden Shores, Long Beach, Michiana Shores, Michiana MI and Shoreland Hills. The Beacher is also delivered to public places in Michigan City, New Buffalo, LaPorte and Sheridan Beach.

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magazine in England, along with articles and blogs. Mirowitz enjoys sharing this wealth of knowledge, and he'll do so in Michigan City when he presents the interactive program, "Bob Dylan: Nobel Poet of our Time," at 1 p.m. Saturday, Oct. 20, at Sinai Temple, 2800 Franklin St. Admission is \$10. Tickets are sold exclusively with charge cards by calling the temple at (219) 874-4477, between 10

Using examples of Dylan's work, Mirowitz will explore how the singer uses literary and musical techniques to share his thoughts on cultural topics.

a.m. and 2 p.m. through Oct. 18.

Two years ago, Dylan received the Nobel Prize in Literature from The Swedish Academy in a private ceremony in Stockholm "for having created new poetic expressions within the great American song tradition." He is the first songwriter to receive this prestigious award.

To receive the Nobel Prize, which consists of a medal, diploma and prize money, each laureate must give a public lecture within six months of receiving the prize. In his lecture, Dylan reflected on how his songs related to literature.

According to *USA Today*, using the same vivid language and circuitous storytelling that are the hallmarks of his songbook, Dylan described how the classics he read in school influenced his music.

"When I started writing my own songs, folk lingo was the only vocabulary that I knew, and I used it," he said. "But I had something else as well. I had principles and sensibilities and an informed view of the world, and I'd had that for a while. I learned it all in grammar school: Don Quixote, Ivanhoe, Robinson Crusoe, Gulliver's Travels, A Tale of Two Cities, all the rest."

"Typical grammar school reading that gave you a way of looking at life, an understanding of human nature, and a standard to measure things by," he continued. "I took all that with me when I started composing lyrics, and the themes from those books

worked their way into many of my songs, either knowingly or unintentionally."

In the speech's final moments, Dylan acknowledges that "songs are unlike literature, they're meant to be sung, not read," before sharing a telling quote from *The Odyssey*: "Sing in me, Muse, and through me tell the story."

Mirowitz explains that Dylan's lyrics invoke a tremendous sense of imagery.

"He does a lot with allusions," Mirowitz said.
"What he alludes to is everything in American cul-

ture that he can get his hands on....
He puts characters in his songs that are allusions and art types of different things. He is able to create a character with one sentence. And from that one sentence because of all the allusional content of this character, and all of the referential content of other things you know about...you will get an image of this character just from one sentence.

"Nobody else does that certainly in popular songs, and very few poets can do that. Those are the few trademarks of his songs...The more you understand about the whole of American culture, the more you will understand his music."

Dylan also is legendary for being an elusive, mysterious artist.

As a youngster, he worked under numerous aliases, as he either had no work permit nor union card. American Routes blog states that, barely out of high school, Dylan took the name Elston Gunn to play piano behind early rock-'n'roller Bobby Vee. He played harmonica for Ramblin' Jack Elliot's 1964 album, "Ramblin' Jack," under the handle Tedham Porterhouse. Around the same time, he recorded an album of old folk songs as Blind Boy Grunt. When, in 1972, he appeared on Steve Goodman's "Somebody Else's Troubles," he was known as Robert Milkwood Thomas. Years later, as a member of the Traveling Wilburies, Dylan transformed into Boo Wilbury. As co-writer for the screenplay of "Masked and Anonymous" in 2003, he morphed himself into Sergei Petrov.

The few personal interviews he has given leave you thirsting for more knowledge. Since most of



Howard Mirowitz has seen Bob Dylan in concert 50 times.

what is written about him comes from others, it is difficult to know what is factual.

"There's enough tracking down and cross-checking of this information," Mirowitz said. "There is a reasonable degree of confidence in the facts about his life, but not all."

Dylan was born Robert Zimmerman. He grew up in a poor mining town in Hibbing, Minn. As a teen, he was bar mitzvahed. In the late 1970s, he became a born-again Christian. His current religious affiliation is unclear, but he seems to have a good relationship with the Orthodox Jewish Chabad. There are numerous biblical references in his songs reflecting Judeo-Christian beliefs.

In the 1960s, people thought Dylan was something of a biblical prophet because his music talked to them. Even so, Dylan never embraced being the voice of a generation.

"He wanted to write music and say things he felt were important to say...," Mirowitz said. "He literally recorded an album that was designed to drive his fans away. He thought it would



Bob Dylan was born Robert Zimmerman, growing up in a poor Minnesota mining town.

make his fans angry so they would stop buying his music. It didn't work."

Even the way he chose to sing at times — that chalkboard scratchy voice — was intentional. In reality, Mirowitz says, he was an incredible singer whose vocal timing was like Sinatra's.

To this day, Dylan is careful to make it extremely difficult to find out his views on anything, as he values both his physical and intellectual privacy.

Back in the 1960s, A.J. Weberman, a self-proclaimed "Dylanologist," would go through Dylan's garbage in an attempt to figure out the meaning of his songs and what he was writing. Dylan and his wife countered by making sure that in some of the garbage, he encountered dog feces.

Throughout his career, Dylan tends to contradict himself, whether it involves the meaning of his songs or his personal views. According to Mirowitz, sometimes this is done deliberately. Other times, the changes come from within himself.

Amid these contradictions, Dylan provides an issue to ponder. Such deep thinking is what makes his songs resonate.

Take, for example, "Blowing in the Wind." The en-Continued on Page 4



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Nobel Poet Continued from Page 3



President Barack Obama presents the Presidential Medal of Freedom to Dylan in 2016.

tire song is nine questions. When the chorus starts, you believe he has answered the question by stating, "The answer my friend is blowing in the wind." Mirowitz, however, believes Dylan is asking, "How do you listen to the wind?"

"This is quite typical of Dylan's work," Mirowitz says. "He poses a lot of questions...The idea is how does Dylan marshal all this to create the impact that he has had and continues to have...To help people to come to their answers...He's just putting it out there...He's giving you something to think about. They (his lyrics songs) always leave you thinking"

At 77, the latest mystery among fans is whether Dylan married for a third time. His latest songs seem to mention a wife. No one knows if he is reflecting on his previous wives or someone new.

Unlike so many celebrities, Dylan has maintained an aura of privacy and elusiveness.



Howard Mirowitz learned how to play guitar and harmonica after listening to Bob Dylan's records.

Mirowitz, by contrast, has led an equally interesting life, and changed American culture in a vastly different way.

He retired after an illustrious career with more than 30 years experience in formulating and executing growth strategies and leading new high-tech product development. He co-managed Mitsubishi Electric's U.S. high-tech business incubator, which created the first Web-capable smart phone. The incubator also seed-funded OpenWave, which had a successful IPO, and made profitable investments in other key smart phone-related technologies. Prior to this, he led advanced product planning and product marketing in Mitsubishi's U.S. electronics subsidiary. Several new products achieved leading U.S. market shares. At Western Digital, he spearheaded the acquisition of Paradise Systems, which garnered the top share of the worldwide personal computer display controller market.



Bob Dylan, at the earliest stage of his career.

As an adjunct professor at University of California at Irvine, Mirowitz has taught New Product Development at the Merage Business School, and on occasion courses at UCI Extension's Osher Lifelong Learning Institute, including "AH 103: The Phenomenon of Bob Dylan."

He has been active in community and charitable causes in Orange County, serving in various capacities. He is a partner in the Cove Fund, helping run this seed-stage venture capital fund that provides startups with seed funding for promising ventures in southern California. He also is a member of the selection committee at EvoNexus's Irvine startup incubator.

Two driven men. They may not have met, but Dylan touched Mirowitz's life forever.

"I hope it (my life) stays interesting," Mirowitz said. "That's the thing I have most in common with Dylan. I want to be changing. I don't want to be stuck in a rut."

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"First Man" Soars in Space, Stalls on Earth

by Andrew Tallackson



Ryan Gosling stars as Neil Armstrong in "First Man."

"First Man" is a dazzling example of technique: an Oscar-winning director throwing everything he's got into generating a profound sense of awe. When the 1969 Apollo 11 mission is finally recreated, and in astonishing detail, the film achieves a quiet sense of wonder.

It is back on Earth when "First Man" feels underwhelming. For a project that claims to be about Neil Armstrong, it has nothing to say about him, no insight into what made him tick.

The problem may be that this is the 20th anniversary of "From Earth to the Moon," the 12-part HBO miniseries that remains the definitive account of the "space race," balancing elaborate spectacle with meticulous attention to its astronauts. By the end of each episode, we had a clearer picture of each individual who courageously took to the stars, often at the emotional expense of their spouses.

That's not the case with "First Man," in which director Damien Chazelle ("La La Land") and writer Josh Singer ("Spotlight") chronicle the roller-coaster journey of Armstrong (Ryan Gosling) from the early 1960s to that historic moment in 1969 when he became the first man to walk on the moon.

Visually, "First Man" confirms Chazelle knows how to craft an image. He saturates the colors so the look of the film resembles authentic documentary footage.

And let's talk about the lunar landing, itself. Chazelle aims for ultra-realism. When the door to the space capsule clamps shut, it does so with thrilling and terrifying finality. When the Apollo 11 launches, Armstrong and crew briefly disoriented within, Chazelle's camera rattles about with queasy con-

fusion. When the space capsule glides across the moon's surface, the camera majestically captures the moment from a low angle so we feel the moon's staggering presence above. When Armstrong makes his "one small step," the point of view is from inside his helmet, looking down. We feel as if, we too, are making the ensuing "giant step."

But what do we take away from "First Man" in terms of Armstrong, himself? Not much. Gosling is atypically inert. Armstrong comes across as the guarded, silent-moody type. Neither Gosling, nor the script, take us inside this guy's head. We don't know what drives him. That creates an emotional vacuum for a film that wants to be a spectacularly emotional ride. Far more effective is Claire Foy as Janet, Armstrong's first wife. The Emmy winner for Netflix's "The Crown" takes a thankless, disposable role - the worried wife - and devours it with a fierceness absent from Gosling. The strains of being an astronaut's wife are evident in every line and crease of the actress' face. When Janet demands of her husband that he tell their sons of the Apollo 11's risks, Foy is a seething example of resentment.

The lunar landing, itself, is worth the price of admission. I admired what Chazelle achieved.

Interesting, though, that when Armstrong and crew walk down the hallway toward the Apollo 11, there is a brief shot of a crowd of black women cheering them on. We are reminded of "Hidden Figures," a far better film that left us with greater admiration for women whose stories cried out to be told. "First Man," by comparison, is just as puzzled by its subject at the end as it was right from the start.

Contact Andrew Tallackson at drew@thebeacher.com

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Bouncing Back to the Licorice Stick



Bill King in concert at Three Oaks Elementary School in 2013.

In August 2006, I got the nerve to approach clarinetist Bill King after a Michigan City Chamber Music Festival performance.

Bill, who advertises his Ann Arbor Clarinet Connection in the International Clarinet Association's journal, *The Clarinet*, was surprisingly approachable, wanting to know what was on my mind.

"Well," I said, "I tried to play the clarinet as a kid, and..."

Bill wanted to know all about it.

So I told him the following sad story:

Growing up on Chicago's South Side in the 1950s, I would hear my parents play the "good stuff" for their friends on our hi-fi, meaning Big Band Music from the 1940s, particularly Glenn Miller and Benny Goodman.

My father's favorite was Goodman, of whom he often said, "He could really play that licorice stick."

So naturally, I wanted to play the licorice stick like Goodman, thus winning my father's approval and, most of all, his attention.

My mother agreed it was time for me to take up a musical instrument, particularly since they were starting a band at my elementary school. She asked around and came up with

a used clarinet from family friends.

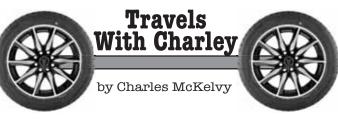
Although it took me a while to figure out how to assemble the instrument, I loved the look and smoky smell of it from the get-go. I would be Benny Goodman and win my father's approval if it killed me.

Well, it nearly did, beginning with one of those evil music teachers who populate the landscape. In my case, it was a man who gave lessons in the basement of his house, using a bed sheet as a par-



Bill King (left), having sold me a clarinet in my living room.

tition between his music studio in the corner and the waiting room in the other. I would arrive for a lesson and listen to him heap praise on the student who preceded me, a trumpet virtuoso who was a year ahead of me in school and way more musically gifted than I hoped to be. Our teacher would routinely give her 10 or 15 minutes of my time because he thought she was brilliant. Then, when he finally remembered he had another student in the wings, he would fling back the sheet, scowl and say, "Oh, it's you."



Yeah. Little old secondhand-clarinet me.

My teacher, who shall forever remain nameless, would begin my lesson by declaring, "You're never going to get this." It would

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go south from there. And when our band gave a concert at the elementary school, he ordered me just to pretend to play so as not to "throw off the whole band."

But I persisted, endured and would not

give up, because I wanted to be the reincarnation of Benny Goodman, winning my father's approval.

My big moment arrived one night when, apparently attempting to drive the nightly guests from our living room, my mother announced I was going to give a clarinet concert.

I was so, so happy, but not so much when I began playing and all the guests fled for the door.

I was crushed, and the crowning blow came a day or two later when I was walking to school on a miserable winter day in Chicago, when the Catholic kids down the block — they had a religious holiday of some sort from school — ambushed me with their arsenal of ice balls.

I shielded my face with my clarinet case, saving myself from grievous harm, but not my clarinet. The case took a direct hit, popped open and dropped the sections of my clarinet to the icy street, bending several keys in the process.

I was miserable, even more so after school that day when I went for my lesson and the evil music teacher pulled back the sheet and demanded to know why I had not assembled my instrument.

I tried to tell him that was not possible because... "No musician ever lets his instrument get damaged!" he thundered. "Go!!!"

I never returned. It seemed I would never again pick up a clarinet.

That is, until I heard Bill King at Michigan City Chamber Music Festival. I had been enjoying his performances for years, and it wasn't until 2006 when my wife helped me summon the courage to approach him after the concert.

Which returns us to the beginning of the story, when King patiently listened to my horror story. He was shocked, of course, but also militantly supportive.

"I want you to do three things," he said. "One, get a horn. Two, get a teacher. Three, come back here next year and play more than 'Twinkle, Twinkle' for me."

It took two years for me to obey his three orders. In February 2013, I bought a Buffet Crampon RC B-flat Clarinet from Bill King in my living room. He came to Southwest Michigan for a concert at a local

school with his fellow chamber festival musicians, arriving at our house afterwards with four Buffets for me to try.

"If you don't like any of these, you can come to my house and try as many as you like until you find the right one," Bill said.

I found the right one. Thanks to my wife, I found the perfect teacher in Jason Gresl, who performs with wife Lara Turner, a cellist, as Claricello.

Gresl has taken me on as a private student at Andrews University, where he teaches as an adjunct instructor. He has shepherded me



I have the best clarinet teacher ever in Jason Gresl.

to my lifetime dream of learning and playing "Jersey Bounce," from memory no less. And thanks to him, I attended a concert in Kalamazoo a few years ago featuring the amazing Anthony McGill on clarinet with the Pacifica Quartet. McGill hung out after the concert and entertained questions from adoring fans. So I asked him how one maintains a firm embouchure. He laughed and said he almost lost his during the "Brahms Quintet in E Minor for Clarinet and Strings" he'd just performed with the renowned Pacifica Quartet. He also told me he was a fellow South Sider from Chicago, encouraging me to keep on playing.



I got to hang out with the great Anthony McGill after his concert in Kalamazoo a few years ago. A fellow South Sider, McGill played the clarinet for President Obama's inauguration.

So did the equally amazing Anat Cohen when I met her after a concert at Lake Michigan College in Benton Harbor.

Sadly, my father never got to hear me play, either as Benny Goodman or myself, but my mother did before she died in 2014. She was thrilled, especially when I gave a concert at her assisted-living facility.

"That's my son," she told the other residents. "Just like Benny Goodman."

Well, not quite, but then I'm not quite done either.

Krasl Art Center to Celebrate New Sculpting Community, Outdoor Campus

Krasl Art Center will hostEnVision 2018 on Saturday, Oct. 27, to celebrate the newly completed Sculpting Community Project and reveal a Richard Hunt sculpture.

The project viewed as a new gateway to downtown St. Joseph, Mich.

The project includes a shaded plaza, updated entrance patio, relaxing green spaces and sites for permanent and temporary sculptures, Julia Gourley, Krasl Art Center executive director, said in a press release.

Hunt, a Chicago na-

tive who keeps a studio in Benton Harbor, is among the nation's most prolific and well-known artists of public sculpture.

Made entirely of stainless steel and fabricated by K&M Manufacturing in Cassopolis, Mich., under Hunt's supervision, the two elements of the sculpture reach upwards of 22 feet high. It weighs 24,000 pounds and was inspired by a model of an arched form by Hunt that caught the eye of a young visitor to the Richard Hunt Studio Center in Benton Harbor.

Guests will raise a glass for "The Dedication" of



Richard Hunt's sculpture, made entire of stainless steel.

Sculpting Community at 5:30 p.m. EDT, with a congratulatory toast lead by 1st Source Bank CEO Christopher J. Murphy III. Limited admission is available for \$150 per ticket.

The community is invited to "The Celebration" at 7 p.m. EDT. Afterward are light installations. food trucks from Nosh Village and Camzie's Pizza, craft beer from The Livery and local wines from Lake Michigan Vintners. Advance tickets are \$25, or \$30 at the event.

Chicago DJ Sadie Woods will provide

music as guests dance under Hunt's gateway sculp-

Tickets may be purchased either to the dedication and celebration or the celebration portion of the evening by visiting krasl.org.

Before the official ceremony, the public can attend KAC's annual meeting at 5:30 p.m. EDT Monday, Oct. 22. KAC Deputy Director/Curator Tami Miller will speak on "The Transformative Power of the Arts & Community Engagement."

The official ribbon cutting ceremony is at noon EDT Wednesday, Nov. 1.



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Michigan City Public Library

The following programs are available at Michigan City Public Library, 100 E. Fourth St.:

• Halloween Craft at 3:30 p.m. Thursday, Oct. 18.

The craft is appropriate for children 3 and older accompanied by an adult. All materials are provided, and children must be present to receive craft supplies.

• Needle Arts League at 5:30 p.m. Thursdays, Oct. 18 and 25.

Membership to the group, formerly known as the Knit Club, is open to anyone interested in needle arts such as crochet, needlepoint, cross-stitch, crewel, tatting and other hand stitching. All skill levels and ages are welcome.

• Light Painting at 10:30 a.m. and 3:30 p.m. Friday, Oct. 19, in the meeting room.

Paint with glow sticks and other luminous utensils on a big screen.

• Bookmarks: Celeste Ng's "Little Fires Everywhere" at 2 p.m. Friday, Oct. 19, in the meeting room.

Therese Oniskin is the reviewer.

• Pokemon Go Community Day at 1 p.m. Sunday, Oct. 21, in the meeting room.

Staff will place a lure on the library pokestop, with Pokemon-themed giveaways planned.



HOLIDAY MARKET

Nov. 8, 5PM – 9PM Nov. 9-11. 12PM -6PM

Suite 113 & 605, Main Courtyard

Get ready for the holidays this season with the 1st Annual Holiday Market, presented by Bright Star Event. Join us for a "late night" kick-off on Thursday, Nov. 8 with special promotions, giveaways, raffles, food & drink, caricature drawings, music & more!

Shop from local vendors & artists to discover unique gifts, including home décor, jewelry, bath products, apparel & more.







• Films on DVD Series: "Won't You Be My Neighbor" at 2 p.m. Sunday, Oct. 21, in the meeting room.

The series is a collaboration with Purdue University Northwest. The film, 2018's highest-grossing documentary, examines the life and legacy of children's TV host Fred Rogers. It is Rated PG-13.

• Beginner/Intermediate Spanish Language Course at 9:10 a.m. Mondays, Oct. 22 and 29, in the meeting room.

The eight-week course is ideal for students who have completed the beginning course. The class is free, but a \$5 textbook is required.

• Beginner/Intermediate French Language Course at 10:15 a.m. Mondays, Oct. 22 and 29, in the meeting room.

The eight-week course is ideal for students who have completed the beginning course. The class is free, but a \$5 textbook is required.

• Story Time at 1 p.m. Tuesdays, Oct. 23 and 30, and 10 a.m. Wednesday, Oct. 24.

Children birth to age 5 and adults will enjoy stories, songs and crafts. Arrive a few minutes early to receive a name tag.

• Ozobots at 3:30 p.m. Tuesday, Oct. 23, in the meeting room.

Program Ozobot robots using color codes and block-based coding with the Ozoblockly app. Advance registration is required. Register at the Youth Services desk. Call Dave at (219) 873-3045 for more information.

Contact Robin Kohn at (219) 873-3049 for more information on library programming.





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Food for Thought

by Kevin Scott of Anytime Fitness

Picture that time of the month when you sit down to review your budget. You look at what money comes in and what money goes out. You plan for all the bills, groceries, everything the kids need. Some-



The Fitness Rebellion

times, you may have extra. Sometimes, you may not. Sometimes, unexpected items come up. Sometimes, the car has issues or the AC goes out.

It's like Murphy's Law: Whatever can go wrong, will go wrong.

But it doesn't have to. There are things you can't control, sure, but there are a lot of things

you *can* control. If you plan better and sooner, ultimately, you can catch some of these unexpected items.

So, we agree planning is a solution to this example. Because, after all, this is "The Fitness Rebellion," not "The Financial Rebellion." So what does this have to do with fitness?

If you've ever done a monthly budget, and this analogy stuck with you then, you may understand where I am headed. If you want to see results in anything you do, you need to plan. Any plan on paper is better than in your head. For some reason, the physical act of writing it down and looking at it

really does help. Whether it's that you see it with your eyes, or it is the accumulation of a million different thoughts, wants and wishes put into an actual plan that makes sense, it works.

If your plan this fall, winter or anytime of the

year is to get healthier, you need to plan your attack on each of the four main wellness areas that I look at daily: cardio, strength training, nutrition and motivation. Yeah, I know, you didn't think of all that. You just thought, "I want to get healthy so I'll eat some greens, and dust off that old elliptical I have been hanging clothes on since three Christmas' ago and I'll get healthier." Well you have probably done that several times. Maybe

ably done that several times. Maybe it worked once or twice, but overall, you just go back forth.

Set a plan this time and set one that you can turn into a lifestyle. So many times, people try the crash diet and workout with no real plan except the one they did in high school (because you know, your body is the same as it was then, right?), or they try to eat an elephant in one bite and tackle all four areas of wellness. But usually, they will hop on the motivation train and try to work out five times a week, and eat healthy. However, their plan has more holes in it than a block of Swiss cheese.

A great tool for planning your nutrition is MyFitnessPal. It is a free app that allows you to add in your height, weight and goal weight, then customize a nutrition outline for you. This is exactly like your month-

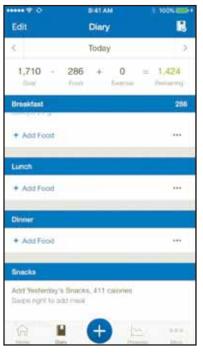
ly budget, but looking at it daily. Instead of just tracking your calories, track your macronutrients (fats, carbs and protein).

Why, you ask?

Let's say you have a goal of 1,500 calories a day. Well, if you went to McDonalds and had a Big Mac meal with a Coke and fries, you are already at 1,120 calories. Now, the rest of the day, you can only eat 380 calories. You may be able to do that, but there is no nutritional value in those calories. Protein and carbs both have 4 calories per gram and fat has 9 calories per gram.

Now, looking back at what you ate in a day, you may have already spent your fat or carb budget by just having that Big Mac Meal. Relate this back to your budget. You aren't going to spend all your money in the first week, are you?

Set a plan this fall. More importantly, set a plan that makes sense. Talk to someone who knows. Look at all the areas of wellness and take one bite at a time. Set small goals, because you can't lose 30 pounds without losing five first.



My Fitness Pal

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Indiana Dunes National Lakeshore

The following programs are available:

• The Save the Tunes Council performs from 7:30 to 9 p.m. Friday, Oct. 19, at Indiana Dunes Visitor Center.

The group preserves folk songs in the traditional way, using guitar, autoharp, dulcimer, banjo, harmonica, bagpipe, penny whistle, hurdy gurdy and other obscure instruments.

• Drop-In Volunteer Program from 9 a.m. to noon Saturday, Oct. 20.

Projects focus on preserving the park's natural and cultural resources. Dress for the weather, and be prepared to walk off trail. All equipment and protective gear, including gloves and eye protection, will be provided. Meet at The Park Connection volunteer office, which is adjacent to the main Chellberg Farm parking lot.

• Fall Colors Hike from 1 to 3 p.m. Saturday, Oct. 20, at Bailly Homestead/Chellberg Farm.

The hike begins in the Bailly/Chellberg parking lot, which is off Mineral Springs Road between U.S. 12 and 20 in Porter. Dress for the weather and wear comfortable shoes.

• Halloween Hoopla from 9 a.m. to 4 p.m. Saturday, Oct. 20, at the Paul H. Douglas Center for Environmental Education.

The center will be decked out in Halloween décor. Before the program, visitors can hike through Miller Woods, build a fort, play in the Nature Play Zone, make a free craft or help feed the fish, reptiles and amphibians in the center's animal room

At 2 p.m., local turtle enthusiast Ruth Marcoe will share hints on how turtles can be helped.

Kim Hoover of "Hoots to Howls" rehabilitation center will bring native owls and share stories from 3 to 4 p.m. in the auditorium. The non-profit center cares for raptors and mammals unreleasable into the wild.

• Playdate in the Nature Play Zone from 1 to 3 p.m. Saturday, Oct. 20, at The Paul H. Douglas Center for Environmental Education.

Explore Miller Woods, build a fort, climb a tree, create nature art and feed the resident fish, turtles, snakes, toads and frogs. Dress for the weather.

• A ranger will lead a two-hour tour of Indiana Dunes National Lakeshore in one of the park's 16-passenger buses at 9 a.m. and 1 p.m. Sunday, Oct. 21.

The tours meet at Indiana Dunes Visitor Center. After a brief introduction, participants board for the tour. Tours are free, but reservations are required by calling (219) 395-1882.

• Miller Woods Hike from 1:30 to 3:30 p.m. Sunday, Oct. 21, at Paul H. Douglas Center.

The ranger-led stroll explores a rare black oak savanna, and offers views of Lake Michigan and Chicago.

• Feed the Farm Animals at Chellberg Farm from 4 to 5 p.m. Sundays through Oct. 28.

The farm's current residents include cows, pigs and chickens. The animals are at the farm through a partnership with Dunes Learning Center, Friends of Indiana Dunes, 4-H Club of Porter County and the FFA of Westville. Chellberg Farm is off Mineral Springs Road between U.S. 20 and 12 in Porter.

The Visitor Center is at 1215 N. Indiana 49, Porter. The Paul H. Douglas Center is at 100 N. Lake St. in Gary's Miller Beach neighborhood. Call (219) 395-1882 for more information.

Indiana Dunes State Park

The following programs are offered:

• Stories and Sing Alongs from 7 to 8 p.m. Friday, Oct. 19.

Folk musician Luke Nover and Northwest Indiana Storytellers will perform at the campground shelter next to campsite 113. Friends of the Indiana Dunes will provide cider and cookies.

• Stories for Children from 10:30 a.m. to noon Saturday, Oct. 20.

Stories told with puppets and props are planned at the Nature Center Auditorium.

• Storyteller's Favorites from 1 to 3:30 p.m. Saturday, Oct. 20.

Listen to stories at the Nature Center.

• Stories from Around the World and an Open Mic from 2:30 to 3:30 p.m. Saturday, Oct. 20.

Stories will be shared before the open-mic portion of the program.

• Ghost Stories from 5:30 to 8 p.m. Saturday, Oct. 20.

The open-air concert is at the Wilson Shelter, so take a blanket. Two sessions are planned: children 7 and younger from 5:30 to 6:30 p.m., then youth 8 and older from 7 to 8 p.m. Friends of the Indiana Dunes will provide cider and snacks. The program is free, but donations are accepted.

• Fall Turtle Talk from 10 to 11 a.m. Sunday, Oct. 21.

Meet at the Nature Center Auditorium to explore what turtles are up to as they prepare for winter.

• Dunes Through the Seasons from 2 to 3 p.m. Sunday, Oct. 21.

Check out the changing seasons at the Nature Center Auditorium. The program also shows early photographs and highlights the park's early history.

Indiana Dunes State Park is at 1600 N. County Road 25 East (the north end of Indiana 49), Chesterton. Call (219) 926-1390 for more information.



Voice Instructor Joins SAM

Vocalist-voice instructor Laura Darby has joined The School of American Music in Three Oaks, Mich., teaching beginning, intermediate and advanced voice lessons.

A Ball State University cum laude graduate, with primary study in vocal performance and a secondary focus on music education, Darby performed in various music groups, including mixed chorale and small jazz. She was a primary member of Ball State Opera Co., through which she sang the role of Cleopatra in



Darby

Handel's "Giulio Cesare" during her senior year.

Born and raised in LaPorte, Darby has performed in groups such as Indiana Circle of State, Show Choir, solo and ensemble competitions and various choral groups.

Adult Volleyball League

The Michigan City Parks & Recreation Department has open registration for the Michigan City 2018 Adult Volleyball Co-Ed & Women's Leagues.

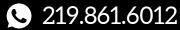
Rosters are due Friday, Oct. 19. The season begins Tuesday, Oct. 23. Contact Abigale at the park department at (219) 873-1506 for details.

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Boo at the Zoo

Boo at the Zoo, where families trick or treat in a safe environment, is from 11:30 a.m. to 6 p.m. Saturday, Oct. 20, at Washington Park Zoo.

Area businesses sponsor booths along decorated zoo paths, handing out candy to children. Two sessions are available, and advance tickets are recommended due to limited supply. The sessions are from 11:30 a.m. to 1:30 p.m., with the zoo closing at 2 p.m., and from 3:30 to 5:30 p.m., with the zoo closing at 6 p.m.

Adults 16 and older cost \$4, children 2-16 cost \$5 and toddlers 1 or younger are free. Advance tickets can be purchased on Eventbrite, or at the zoo office.

Visit www.washingtonparkzoo.com for more information.

Friends of the Library Week

National Friends of the Library Week is Oct. 21-27, so the Friends of Michigan City Public Library will have a table set up for anyone interested in becoming a member.

The annual \$10 cost supports various programs and services through the library, 100 E. Fourth St. Those interested in becoming members can stop by the circulation desk as well.

Also, the Friends of the Library is sponsoring a Writing Out Loud Basket of Books giveaway this month. Each Writing Out Loud author has donated a book to the basket. Attend any Writing Out Loud event to enter.

Chicken Noodle Dinner

Rolling Prairie United Methodist Church, 3444 E. U.S. 20, will host an all-you-can-eat chicken noodle dinner from 4 to 7 p.m. Saturday, Oct. 20.

The meal includes chicken and noodles, green beans, mashed potatoes, roll, drinks and a choice of one dessert. Adults cost \$8 (\$9 at door), while children 6-12 cost \$4. Call the church at (219) 778-2910 for advance tickets.



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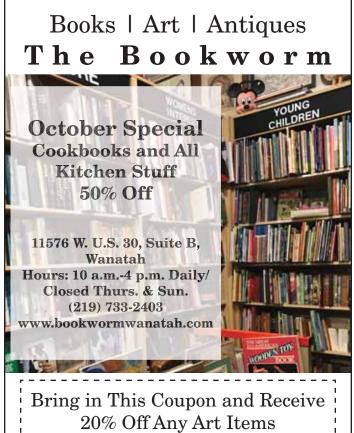
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Magical World of Music

LaPorte County Symphony Orchestra delighted thousands of local school children during its 30th anniversary Children's Education Concert on Oct. 10 at LaPorte Civic Auditorium. Rick DeJonge, Hollywood



All photos by Bob Wellinski















BREAKTHROUGH BACK PAIN REPORT (Part I)

In this 2-Part Special Article on actually ending **Back Pain**, I share with you very powerful principles and strategies you can make work for you – some over time, others almost instantly. They're in no particular order, and they all have only one thing in common: They all work.

There's a great saying that goes: "Small hinges swing big doors." And it's often the simplest advice that wins in the end. Truth is, without knowing your back pain or your history intimately, I cannot tell you which of these will work best for you. And even if I did know the root cause of your back pain, there are no guarantees that any one single strategy will work. But over the last three decades, I've been able to narrow down what really does and doesn't work when it comes to easing back pain. And the principles you're about to read are included in that.

What's more, this article shows you how to actually get to the root cause of back pain—for no cost whatsoever, other than that of your time. And that's what most people who request this report are shocked to discover... that there IS a way to get to the ROOT CAUSE of back pain without needing a referral from a doctor or speaking one word to your insurance. So here's my challenge to you... now that you have this knowledge in your hands, take time every day to try out at least one of these 100% natural strategies. It really won't take long, and most of them won't cost you anything but a few minutes of your time. I think you'll be pleasantly surprised by how much better and healthier you will feel for doing so.

Important notice: combine ALL of the "tips" simultaneously and you will likely see a drop in the back pain and stiffness you are currently suffering from.

1. Avoid Sitting For More Than 20 Minutes At A Time

There's so much "gossip" that surrounds back pain. But this is a FACT... You and I were not designed to sit. It goes against every basic, fundamental rule of the way we originally evolved as humans. When you sit, there is approximately 10 times more pressure pushing down on your spine than when you stand tall - which in the end, has got to hurt! (usually age 50).

And it's because most of us slouch, or flop when we do sit, meaning that the muscles in your spine (which includes your "core" muscle group) that are designed to protect you just don't work. This causes inevitable aches, pains and stiffness.

2. Use Ice (...Not Heat)

Ice is by far the best way to ease back pain. My tip: use ice whenever you're feeling achy or painful, such as at the end of a very busy day. Apply an ice pack for 10 minutes or so, little but very often (every hour). And when to use heat – my tip would be to apply a hot water bottle on a morning when your back is likely to be feeling more stiff than painful. Again, 10 minutes should do it.

3. Sleep With A Pillow Between Your Knees

Might be difficult at first, but if you can persist, it lowers the amount of rotation/twisting in your spine. Remember I said in Principle No. 4 that it was important to avoid sitting cross-legged? Well it's the same when you're asleep.

If you sleep on your side, try a pillow between your legs to keep your spine aligned. This will reduce tension at your lower back meaning less pain and tension when you wake up.

4. Avoid Sleeping On Your Stomach

There isn't a more effective, faster route to self-inflicted damage to your spine/lower back. Avoid this position at all costs.

Every part of your spine is twisted and in the wrong position, and if you sleep like this, it's no wonder you are suffering from back pain. Ideally, lie flat on your back or curl up on your side (except if your are suffering from sciatica!)

5. Change Your Mattress Every 5 Years

This is the bedroom question I get asked every day. People always seem to want to know about their

mattress... and what "type" they should sleep on. Yet, it's almost impossible to answer the question as it's too generic. But what I can say is that if you haven't changed your mattress in the last five years, then it's likely about time that you did!

Invest as much as you can in finding the most comfortable one that works for you. After all, if you're going to spend a third of your life in it or on it, you might as well get the best one that you can.

6. Choose "Sensible" Footwear

Dangerous choices of footwear include high heels, sandals, flip-flops and tennis-style trainers or shoes. Why are they dangerous? Because they're all proven to ADD to your back pain and tension. It's because there's a lack of cushioning to absorb shock with these types of shoes. So, your lower back has to take all of the impact every time your foot lands on the floor (not good for your knees and hips either), and over time it will take its toll, meaning more back pain than you should have suffered. If you can absorb some of the shock by wearing nice, soft, well-fitted and cushioned shoes/trainers, then you could reduce your back pain by as much as 20-25%.

7. <u>Find Out What's Wrong</u> By Going To See A Physical Therapist - It's Free, And Real Easy!

I think the only thing that stops most people from going and seeing a physical therapist, well, **they just don't realize how EASY it is**.

See, you <u>don't</u> even need a referral from a medical doctor, <u>nor</u> do you even have to let your insurance network know in advance. Means you can just call right up and arrange that first visit - today if you like! It's that easy. And at that first "no authorization needed" session with a physical therapist, you can have all of your questions answered personally by a specialist physical therapist, fi<u>nd out what's going wrong</u>, what can be done about it, and by who.

Then, once you know all of that, you're better able to decide whether or not to contact your insurance. The physical therapist you choose to see will THEN take care of any referral (to a doctor if it's needed) and of any forms that need signing, too. That's why we say physical therapy is a hassle-free way of easing back pain.

If you're at all interested in what a physical therapist can do to end your back pain, why don't you go and see one? It's financially risk-free (the first visit is free!), and now, you know you don't even have to contact your network or see a doctor first.

<u>Important</u>: Combine all of the "tips" in this Special Report with a trip to see a hands-on physical therapist, and you will likely see a drop in the back pain and stiffness that you are currently suffering from FAST!

To schedule your FREE no-obligation consultation, call our office at (219) 380-0809 in La Porte OR (219) 548-8770 in Valpo.



Dr. Arlan Alburo, PT, DPT, MTC is a leading USA Back Pain expert. He founded Orthopedic and Balance Therapy Specialists (OBTS), a physical therapy practice, in 2003, now serving 4 locations in Northwest Indiana. OBTS' core purpose is to liberate Hoosiers from relying on pain pills, getting them active and mobile without fear of slowing down, and living unhindered lives. He has spoken at national conferences in San Diego and Orlando. He is married to his wife, Jane, of 22 years, and they have two children: their daughter, Alex (a freshman at IU Bloomington), and their son, AJ (a high school sophomore). They live in Valparaiso.



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La Porte County Parks



All registrations/questions go through the Red Mill County Park Administrative Office, 0185 S. Holmesville Road, La Porte. Call (219) 325-8315 or visit www.laportecountyparks.org for more details.

Mom and Son Dance — "Halloween Style"

The event is from 6:30 to 8:30 p.m. Friday, Oct. 26, at Red Mill County Park. Planned are games, gross treasures, a night hike (depending on the weather), light refreshments and costume contest.

The cost is \$15 per couple, and \$5 for each additional son. Pre-registration and payment are required at least one week in advance or until full, whichever comes first.

World Drumming Circle

A Mindful Place Community Drum Circle is from 1:30 to 3:30 p.m. Saturday, Oct. 27, at Red Mill County Park Environmental Education Center.

The center is located on the park's south side. Participants should take a drum, if having one, to the free event, part of the "Largest Drum Circle in the World." No experience is needed, and children must be accompanied by an adult. All drum-appropriate instruments are welcome (rattles, shakers, rain sticks, native flutes, bells, tambourines, frame drums). Some will be some available to use.

Essentially Well

Learn about the health and lifestyle benefits of essential oils from 6 to 8 p.m. Thursday, Nov. 8, at Luhr Park Nature Center, 3178 S. County Road 150

Pam Harmon of Earthside Living will show how to make six roller balls to prepare for the cold season, and how to use the oils through reflexology. The six essential oils to be made are: Defense, Head, Respiratory, Seasonal, Stomach and Throat.

The program is for people 18 and older, with the requirement being a minimum of four and a maximum of 20. The cost is \$22 for six roller balls.

Pre-registration and payment are due no later than Thursday, Oct. 26 or until full, whichever comes first.

Senior Lifestyles

Join the free 55+ Club, a social club designed for adults 55 and older to learn and explore various types of nature. Free coffee is served to participants.

The group meets from 9 to 10 a.m. at Luhr County Park Nature Center. Call at least one week in advance to register. The schedule is:

• Nov. 7 — LaPorte Hospital improvements, CEO Ashley Dickinson.

Shirley Heinze Partnership Luncheon

Shirley Heinze Land Trust will host a Partnership Luncheon for its conservation partners and the public Friday, Nov. 2, at Sand Creek Country Club, 1001 Sand Creek Drive South, Chesterton.

Calumet Collaborative Executive Director Sarah Coulter is the keynote speaker, discussing the organization's work with Shirley Heinze and other partners to advance regional projects. That includes a recent Conservation Action Planning process administered by the collaborative and undertaken by a collective of Calumet Region stakeholders, including: Shirley Heinze Land Trust,



Coulter

Indiana Department of Natural Resources, The Nature Conservancy, The Field Museum, Save the Dunes, Northwestern Indiana Regional Planning Commission, Indiana Dunes National Lakeshore and ArcelorMittal Foundation.

The Calumet Collaborative is a nonprofit organization, launched in 2016, that aims to stimulate

partnerships between Illinois and Indiana communities, governments, businesses and nonprofits.

Heinze Trust Executive Director Kristopher Krouse will speak about the organization's efforts, in collaboration with many partners, to advance land conservation and public access on the East Branch of the Little Calumet River, for which Shirlev Heinze received the



2018 Indiana Governor's Environmental Excellence Award for Land Use/Conservation.

Registration begins at 11:30 a.m., followed by the program at noon. Tickets and table sponsorships may be purchased at www.heinzetrust.org, or by contacting Bonnie Hawksworth at (219) 242-8558 or bhawksworth@heinzetrust.org. RSVPs are requested no later than Wednesday, Oct. 31.

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Sunday 11:00 AM - 8:00 PM

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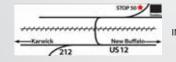
Our passion is to provide our guests this authentic Napoletana pie along with fresh salads and refreshing house made Gelato using only the finest fresh ingredients, cooked using time honored traditions and served in a warm inviting atmosphere. We also offer the finest local micro-crafted beer on tap, as well as, a selection of fine wines.

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The Oklahoma Cabaret



Metamorphis Traveling Theatre begins touring its new musical this month, "The Oklahoma Cabaret." First up is 2 p.m. Sunday, Oct. 21, at Sharing Meadows, Rolling Prairie. Pictured are Dana Chartier, Judith Joseph, Doug Moon and Helen Williams, with Janet Lustick directing. After that is "Duneland Diaries" at 2 p.m. Saturday, Nov. 17, at LaPorte County Library, 904 Indiana Ave. The group travels northern Indiana/Illinois and southern Michigan with plays, cabarets and theater for children. Call (219) 872-4813 for details or a complete schedule.

Black Cat Strut

Independent Cat Society will host its Black Cat Strut 5k Trail Run and Non-Competitive 5k Walk at 9 a.m. Sunday, Oct. 21, at Red Mill County Park, 0185 S. Holmesville Road, LaPorte.

Online registration is at bbpnet.com/x41a. Call (219) 785-4936 or email shelter@catsociety.org for details.

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Monday Musicale

Monday Musicale launched its 109th season, meeting Sept. 24 at First Presbyterian Church.

Newly elected officers are: Kathy Chase, president; Felicia Thomas, vice president; and Bev Griffith, secretary. Deborah Beien continues as treasurer.

The group welcomed eight new members. They include active members Emma Blanchard, Joe Blanchard, Tom LeDonne, Tom Olsen, Emmie Reigel and Leslie Ritter, and associate members Becky Stewart and Joe Stewart IV.

Chase announced the year's theme, "Contrast and Comparison," and presided over a program featuring English, Irish and American folk music. Michelle Alexander performed two American folk songs, "All the Pretty Little Horses" and "Wayfarin' Stranger," accompanying herself on piano and guitar, respectively. Borrowing the tune of "Wild Mountain Thyme," she penned lyrics to "Wildflowers of Freedom," which she dedicated to her grandchildren.

Accompanying himself on mandolin, Dan Moser sang Jimmy Buffet's "A Pirate Looks at Forty" and Chicago folk classic "Lincoln Park Pirates" by the late Steve Goodman.

Baritone Lew Timberlake's "Cowboy to Church Combo" included "Streets of Laredo," "What Shall We Do with a Drunken Sailor?" and "Wondrous Love."

Bev Griffith shared a piano arrangement of the Irish hymn tune "Be Thou My Vision." Pianist Rick Quarles then presented "Visions," an original variation on that theme, as Nancy Nichols read a verse she wrote after the 2016 Orlando nightclub attack.

Nichols (oboe) and Quarles (clarinet) later collaborated on "Reed to Reed," based on the tune "I Wonder As I Wander," and accompanied by Griffith on piano.

Following the program, members met for social hour in the church's Edith Boyd Lounge. Thomas' hosting committee provided refreshments.

Contact Ange Benz at (219) 874-3754 or Sue Cassler at (219) 362-1421 for more details.

Public Art Committee

The Michigan City Public Art Committee meets at 10 a.m. Thursday, Oct. 18, in the City Hall Mayor's Conference Room, 100 E. Michigan Blvd.







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Piano Teacher Concert @ Acorn

Aglaja Petrova, a piano instructor at The School of American Music in Three Oaks, will present a free concert at 7 p.m. EDT Monday, Oct. 22, at The



Petrova

Acorn Theatre, 107 Generations Drive.

The performance will include works by Chopin, Beethoven and Rachmaninoff. An album of Petrova's work, recorded by SAM sound technicians, will be available.

The 17-year-old has been studying piano since she was 6, and has taught at SAM since she was 15. She has played for Mass at area churches, and per-

formed at school plays, piano recitals, the Indiana State School Music Association's solo and ensemble contest, and other piano competitions. Earlier this month, she presented a recital at Converge Community Church, New Buffalo, Mich.

Petrova studies under Lydie Regazi of Berrien Springs, Mich., and is an honor student at Michigan City High School. Besides practicing piano two hours a day, she is taking violin lessons at SAM. Her goal is to pursue a career in general music education and piano performance.



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Ornament Painting Party

Dori Huber will host another painting party, this time to create a Christmas ornament, from 1 to 3



One of the ornaments people can create is of the Michigan City Lighthouse.

p.m. Saturday, Oct. 20, at La-Porte County Historical Society Museum, 2405 Indiana Ave.

Participants can create an ornament either of Door Prairie Barn or the Michigan City Lighthouse. All supplies are provided. The \$20 cost includes museum admission.

Reservations are strongly encouraged by calling (219) 324-6767. Leave your name and how many people are ex-

pected to attend. Visit www.laportecountyhistory. org for more details.

NB Library Community Forum

The works and private lives of Jean-Paul Sartre and Simone de Beauvoir mark the next Friends of New Buffalo Library Community Forum program at 6 p.m. EDT Monday, Oct. 22, in the library Pokagon Room, 33 N. Thompson St.

David Tidwell, of Lake Michigan College, will look at Sartre's and Beauvoir's contributions to modern philosophy, and their famous and sometimes scandalous personal lives.

Upcoming FOL programs include: "Trivia, Folklore and Fun Facts: An Unusual Exploration of Nature" on Tuesday, Nov. 6; and "The Tragedy of the USS Indianapolis," on Monday, Nov. 12.

The series is underwritten in part by The Pokagon Fund. Call the library at (269) 469-2933, follow the Facebook link at newbuffalotownshiplibrary.org or email new.buffalo.FOL@gmail.com for details/

Trunk or Treat

The Michigan City YMCA Elston Branch, 1202 Spring St., will host a free trunk or treat at 4:30 p.m. Thursday, Oct. 18.

Families can trunk or treat in the parking lot. Afterward, visitors have free use of the building. A craft is planned as well. Contact Kathy Workman at (219) 221-4055 for details.

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Elkhart Juried Regional Exhibit



The Midwest Museum of American Art will present the 40th Elkhart Juried Regional Exhibition through Saturday, Dec. 22.

The annual competition is a major survey of current trends by artists from 18 northern Indiana counties and four southern Michigan counties. This year, 255 artists submitted 442 works in all media for consideration; the exhibit features 157 works by 203 artists.

The Elkhart County Conventions & Visitors Bureau underwrites the event. Awards presented to artists total more than \$27,000, making it the largest cash awards show in the state.

The judge was Doug Calisch, Wabash College professor of art emeritus.

Weekly gallery talks by area artists are planned. The museum is located at 429 S. Main St., Elkhart. Call (574) 293-6660 for more details.

Family Advocates Oktoberfest

Family Advocates will host its 2018 Oktoberfest from 6 to 10 p.m. Saturday, Oct. 20, at LaPorte Civic Auditorium, 1001 Ridge St.

The 21-and-older event features local beer tasting, Austrian food by Moser's Austrian Cafe, live Austrian music and live and silent auctions.

Craft beer enthusiasts can sample German, Oktoberfest and Pumpkin brews. Tickets, which are \$35, include 10 tasting tickets. Additional tasting tickets will be sold.

Visit www.lpfamilyadvocates.com for reservations or more details.







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TEAM STANDING	WON	LOST
1. Alley Katz	16.5	3.5
2. Lucky Lefties	14	6
3. Gutter Gals	13	7
HIGH INDIVIDUAL GAMES		SCORE
1. Lenore Hadaway		179
2. Carolyn Wiggins		178
3. Cindy Beck		177
4. Barb McCorkel		176
5. Dottie Brinckman		172
6. June Salmon		170
7. Sue Labovitz		167
8. Ann Bogart		166
8. Margie Midkiff		166
8. Mary Lou McFadden		166
9. Barb Macudzinski		163
10. Nancy Klausner		160
11. Janet Miernicki		150
12. Debra Smith (series)		420
13. Pat Collado (series)		413
14. Peg King (series)		409
SPLITS		
1. Ellie Parkerson		3-10
2. Nancy Klausner	,	7-8, 5-6
3. Mary Lou McFadden		4-5
4. Jill Jankowski		3-7
5. Holly Dres		5-6
THREE STRIKES		

THREE STRIKES

Nancy Klausner, Cindy Beck, Sue Labovitz

_

More bowlers are invited when teams meet at 12:30 p.m. Tuesdays at City Lanes.

Tutor Training Session

READ LaPorte County Inc. will host a tutor training session from 10 a.m. to 2 p.m. Thursday, Oct. 25, in Meeting Room B at LaPorte County Public Library, 904 Indiana Ave.

The meeting covers basic information on tutoring school-aged students and adults. Lynn Johnson, Purdue University Northwest literacy teacher, will lead the first section on tutoring children. She also will discuss how children learn, and what reading problems could affect them. The second section is tutoring adults whose first language is not English. Getting started with tutoring will be illustrated. Activities and new materials to use will be shown.

A break follows for a complimentary lunch. The afternoon and last section is on teaching English-speaking adults, the emphasis being new curriculum to use.

Call (219) 325-0875 or email mhedge8@comcast. net for details.

Westchester Public Library

The following programs are available:

• Bookmarks at the Museum at 2 p.m. Thursday, Oct. 18, at Westchester Township History Museum, 700 W. Porter Ave., Chesterton.

Terese Oniskin will review Celeste Ng's "Little Fires Everywhere."

• Books That Make You Think Discussion Group from 4 to 5:30 p.m. Thursday, Oct. 18, at Thomas Library's Bertha Wood Meeting Room, 200 W. Indiana Ave., Chesterton.

The selection is Joseph Heller's "Catch 22." Register at the reference desk, at the upstairs computer classroom or by calling (219) 926-7696. Copies of the book are available for checkout.

• The Friends of Westchester Public Library three-day book sale Friday through Sunday, Oct. 19-21, at Thomas Library.

The Friends Only Preview Sale is from 4 to 8 p.m. Friday, with only current members admitted; however, patrons may buy a 2018 membership at the door for \$5. The public sale is from 9 a.m. to 4 p.m. Saturday and Sunday. A large selection of hardcover books will be sold for \$1 and paperback books for 50 cents. Children's and Young Adult books cost 25 cents. On Sunday, all items will be sold for \$3 a bag.

• Pumpkin Hunt from 2 to 4 p.m. Saturday, Oct. 20, at Westchester Township History Museum.

Children 6-12 search for pumpkins. Participants also can paint a pumpkin for their Halloween or fall decorations. Children are encouraged to dress in costume.

• "Jurassic World: Fallen Kingdom" at 3 p.m. Saturday, Oct. 20, at The Baugher Center, 100 W. Indiana Ave., Chesterton.

The film is Rated PG-13. Free popcorn is served.

Beer, Brats and Bulbs Sale

The 10th Annual Miller Garden Club's Fall Beer, Brats and Bulbs Sale is from 10 a.m. to 3 p.m. Saturday, Oct. 20, at the Marquette Park Aquatorium, 6918 Oak Ave., Gary's Miller Beach neighborhood.

The family picnic-style event offers the opportunity to buy bulbs for fall planting, including:

- Twenty varieties of Alliums, Tulips and Daffodils.
- Thirty-five types of Woodland bulbs for shade, rock gardens and deer-resistant bulbs.
- Bulbs for pollinators and heirloom bulbs.
- Twenty-five different Amaryllis bulbs and twocolor Paperwhites.
- Two types of Trilliums, and Jack-in-the Pulpits. 18th Street Brewery will sell brews, while \$5 en-

titles brats and live music.

Contact Joanne Stratton at (312) 543-1561 or jm-stratt@sbcglobal.net, or Miller Garden Club.org or Facebook for more details.

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Activities to Explore

In the Area:

Oct. 18 — Halloween craft, 3:30 p.m., Michigan City Public Library, 100 E. Fourth St. Info: (219) 873-3049.

Oct. 18 — Free trunk or treat, 4:30 p.m., Michigan City YMCA Elston Branch, 1202 Spring St. Info: (219) 221-4055.

Oct. 19 — Bookmarks: Celeste Ng's "Little Fires Everywhere," 2 p.m., Michigan City Public Library, 100 E. Fourth St. Info: (219) 873-3049.

Oct. 19 – Lights Out!, 6:30-8 p.m., LaPorte County Public Library, 904 Indiana Ave.

Oct. 19 — Save the Tunes Council, 7:30-9 p.m., Indiana Dunes Visitor Center, 1215 N. Indiana 49, Porter. Info: (219) 395-1882.

Oct. 19-21 — "Joseph and the Amazing Technicolor Dreamcoat," LaPorte Little Theatre Club, 218 A. St. Times: 7:30 p.m. Fri.-Sat., 2 p.m. Sat.-Sun. Tickets: \$15/adults, \$12/students. Reservations: www.laportelittletheatreclub.com

Oct. 19-21 — The Friends of Westchester Public Library three-day book sale, Westchester Public Library, 200 W. Indiana Ave., Chesterton. Hours: The Friends Only Preview Sale/4-8 p.m. Fri., Sat.-Sun. hours/9 a.m.-4 p.m.

Oct. 19-22 — Vickers Theatre, 6 N. Elm St., Three Oaks, Mich. *Now showing*: "Juliet, Naked." Rated R. Times: 6 p.m. Fri.-Mon. *Also*: "BlacKkKlansman." Rated R. Times: 9 p.m. Fri.-Sat., 2:30 p.m. Sat.-Sun. All times Eastern. Info: vickerstheatre.com

Oct. 19-20, 26-27 — Barker Blackout Tours, 8 & 10 p.m., Barker Mansion, 631 Washington St. Tickets: \$15/adults & seniors, \$10/youth. Reservations: Eventbrite.

Oct. 20 — Boo at the Zoo, Washington Park Zoo. Two sessions: 11:30 a.m.-1:30 p.m., 3:30-5:30 p.m. Cost: 16 & older/\$4, 2-16/\$5, toddlers 1 or younger/free. Advance tickets: Eventbrite, zoo office.

Oct. 20 — Painting party, 1-3 p.m., LaPorte County Historical Society Museum, 2405 Indiana Ave. Cost: \$20. Info: (219) 324-6767.

Oct. 20 — "Bob Dylan: Nobel Poet of Our Time," 1 p.m., Sinai Temple, 2800 Franklin St. Admission: \$10. Tickets: (219) 874-4477.

Oct. 20 — Stories from Around the World and an Open Mic, 2:30-3:30 p.m., Indiana Dunes State Park, 1600 N. County Road 25 East, Chesterton. Info: (219) 926-1390.

Oct. 20 — Family Advocates 2018 Oktoberfest, 6-10 p.m., LaPorte Civic Auditorium, 1001 Ridge St. Tickets: \$35. Info: www.lpfamilyadvocates.com

Oct. 20-21, 26-28 — Ghost Train, noon-5 p.m., Hesston Steam Museum, 1201 E. County Road 1000 North, LaPorte. Train fares: \$5/adults, \$3/children 3-12. Info: www.hesston.org

Oct. 21 — Independent Cat Society Black Cat Strut 5k Trail Run/Non-Competitive 5k Walk, 9 a.m., Red Mill County Park, 0185 S. Holmesville Road, LaPorte. Registration: bbpnet.com/x41a

Oct. 21 — Pokemon Go Community Day, 1 p.m., Michigan City Public Library, 100 E. Fourth St. Info: (219) 873-3049.

Oct. 21 — Films on DVD Series: "Won't You Be My Neighbor," 2 p.m., Michigan City Public Library, 100 E. Fourth St. Info: (219) 873-3049.

Oct. 22 — New Buffalo Library Community Forum, "Jean-Paul Sartre & Simone de Beauvoir," 6 p.m. EDT, library Pokagon Room, 33 N. Thompson St. Info: (269) 469-2933.

Oct. 22 — Free concert, SAM piano instructor Aglaja Petrova, 7 p.m. EDT, The Acorn Theatre, 107 Generations Drive, 107 Generations Drive, Three Oaks, Mich.

Oct. 24 — Sinai Temple Deli Day, 10 a.m.-2 p.m., Sinai Temple, 2800 Franklin St. Orders: (219) 874-4477/(219)-877-7541.

Saturdays — St. Stanislaus of Michigan City farmers market, 8 a.m.-1 p.m. through Oct. 27, parking lot next to tennis courts. Info: ssmcfarmersmarket@gmail.com, (219) 851-1785.

Saturdays — Michigan City Farmers Market, 8 a.m.-1 p.m., Eighth and Washington streets. Through October.

In the Region

Oct. 20 — Halloween Hoopla, 9 a.m.-4 p.m., Paul H. Douglas Center for Environmental Education, Lake Street north of U.S. 12, Gary's Miller Beach neighborhood. Info: (219) 395-1882.

Oct. 20 — New Troy Indoor Flea Market, 9 a.m.-3 p.m. EDT, New Troy (Mich.) Community Center, 13372 California Road. Info: (773) 803-9773.

Oct. 20 — Miller Garden Club Fall Beer, Brats and Bulbs Sale, 10 a.m.-3 p.m., Marquette Park Aquatorium, 6918 Oak Ave., Gary's Miller Beach neighborhood. Info: (312) 543-1561.

Through Nov. 10 — Eli Zilke Collaborative exhibit, "Collaborative Nature," The Box Factory for the Arts, 1101 Broad St., St. Joseph, Mich. Free/donations accepted. Info: (269) 983-3688, info@boxfactoryforthearts.org, www.boxfactoryforthearts.org

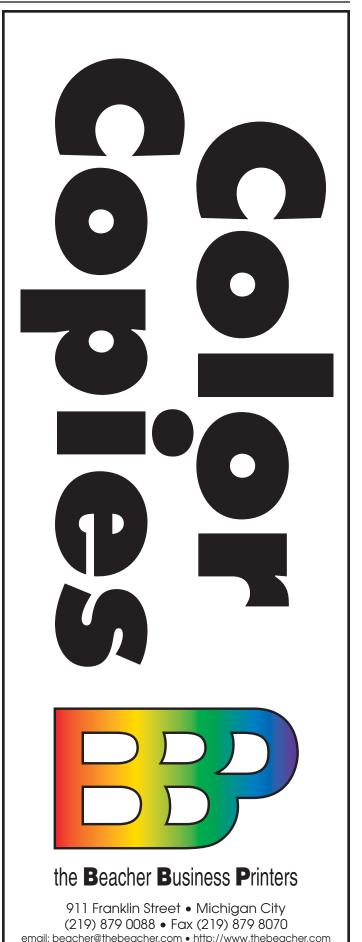
Support Groups

Mondays — Codependents Anonymous (CoDA), 6 p.m., Franciscan Alliance-St. Anthony Health. Info: (219) 879-3817.

Mondays, Fridays — Overeaters Anonymous, 7 p.m. Mon./Franciscan St. Anthony Health, 301 W. Homer St., 9 a.m. Fri./First United Methodist Church, 121 E. Seventh St. Info: https://oa.org, (219) 879-0300.

Wednesdays — Alzheimer's/Dementia Support Group for Caregivers, 2 p.m., third Wednesday of each month, Rittenhouse Senior Living, 4300 Cleveland Ave. Info: (888) 303-0180.

Wednesdays — Al-Anon meetings, 6-7 p.m., Franciscan Alliance-St. Anthony Health. Info: (708) 927-5287.





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THIS WEEK HISTORY

On October 18, 1767, the Mason-Dixon Line was established as the boundary between Maryland and Pennsylvania. The line was based on the computations of surveyors Charles Mason and Jeremiah Dixon, and was to become, for practical purposes, the dividing line between the North and the South.

On October 18, 1892, the first long distance telephone line opened between New York and Chicago.

On October 19, 1781, the Revolutionary War ended when British troops, under the command of Lord Cornwallis, surrendered at Yorktown, Va.

On October 19, 1944, Marlon Brando made his stage debut in Broadway's "I Remember Mama."

On October 19, 1977, the supersonic Concorde made its first landing in New York.

On October 20, 1873, P.T. Barnum opened the New York Hippodrome as the home for his "Greatest Show on Earth."

On October 20, 1910, a baseball with a cork center was used for the first time in a World Series game.

On October 20, 1944, during World War II, Gen. Douglas MacArthur stepped ashore in the Philippines, 2 1/2 years after his famous statement, "I shall return."

On October 20, 1947, the House Un-American Activities Committee opened hearings into alleged Communist influence and infiltration within the American motion picture industry.

On October 20, 1954, "Peter Pan," starring Mary Martin as Peter Pan, opened on Broadway.

On October 21, 1797, the frigate U.S. Constitution, better known as "Old Ironsides," was launched at a Boston shipyard.

On October 21, 1906, Chicago's last cable car made its final run on Cottage Grove Avenue.

On October 21, 1944, the Allies captured their first big German city (Aachen) in World War II.

On October 21, 1959, New York's Guggenheim Museum, designed by Frank Lloyd Wright, opened.

On October 21, 1976, Chicago author Saul Bellow was awarded the Nobel Prize for literature, the first American honored since John Steinbeck in 1962.

On October 21, 2003, invoking a hastily passed law, Florida Gov. Jeb Bush ordered a feeding tube reinserted into Terri Schiavo, a brain-damaged woman at the center of a bitter right-to-die battle.

On October 22, 1721, Peter the Great took for

himself the title of "Emperor of all Russia."

On October 22, 1746, New Jersey's Princeton University received its charter.

On October 22, 1907, a run on a New York bank touched off what was to become known as the "Panic of 1907."

On October 22, 1939, the first televised pro football game, the Brooklyn Dodgers against the Philadelphia Eagles, was aired by NBC from Brooklyn's Ebbets Field.

On October 22, 1995, the largest gathering of world leaders in history marked the 50th anniversary of the United Nations.

On October 23, 1871, martial law in Chicago, which was declared after the Great Fire was extinguished, was ended.

On October 23, 1910, in Fort Wayne, Blanche Scott became the first woman to make a solo flight in an airplane. She reached a height of 12 feet, a noteworthy achievement in 1910.

On October 23, 1915, 25,000 women marched in New York City demanding the right to vote.

On October 23, 1940, soccer legend Pele was born Edson Arnates do Nascimento in Tres Coracoes, Brazil.

On October 23, 1992, Emperor Akihito began a visit to China, the first ever by a Japanese monarch.

On October 23, 1993, the Toronto Blue Jays repeated as baseball champions, defeating the Philadelphia Phillies in game six of the World Series.

On October 23, 1996, the civil trial O.J. Simpson opened in Santa Monica, Calif.

On October 24, 1537, Britain's Queen Jane Seymour died after giving birth to Prince Edward.

On October 24, 1861, a message from California Chief Justice Stephen Field to President Abraham Lincoln was the first telegram to be transmitted across the United States.

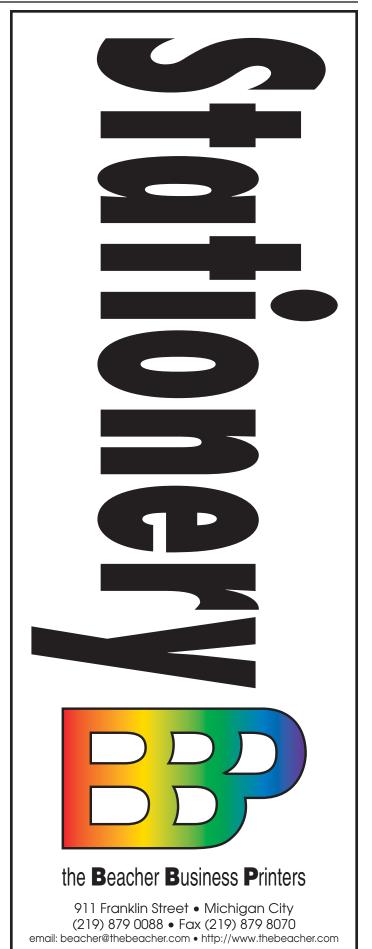
On October 24, 1901, in an effort to raise money to pay off a debt, Mrs. Anna E. Taylor agreed to go over Niagara Falls in a barrel, becoming the first person to survive the plunge.

On October 24, 1940, under the "Fair Labor Standards Act" of 1938, the 40-hour work week officially took effect.

On October 24, 1987, 30 years after its expulsion, the Teamsters union was welcomed back into the AFL-CIO.

On October 24, 1992, the Toronto Blue Jays defeated the Atlanta Braves 4 to 3 in the seventh game of the World Series, bringing baseball's crown to Canada for the first time.

On October 24, 2003, three Concordes swooped into London's Heathrow Airport, joining in a spectacular finale to the era of luxury supersonic jet travel.



Chef Night Series

The Friends of the New Buffalo Township Library is leading a Chef Night series in and around New Buffalo to benefit the library.

Chefs and restaurants will host tastings, demonstrations and cooking classes.

The first event is at 5 p.m. EDT Monday, Oct. 29, at Jackie's Cafe, 801 W. Buffalo St., New Buffalo. Participants will get a firsthand look into Chef Jackie Shen. The \$35 cost includes a fall-themed tasting and cooking demonstration.



Shen

Ticket sales, which are limited, will be equally matched, with all proceeds benefiting the library. Call Jackie's at (269) 469-1800, or stop in to sign up. Checks can be made payable to the Friends of the New Buffalo Township Library.

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Fall Health Fair

Community members are invited to a free fall health fair from 9 a.m. to 4 p.m. Saturday, Oct. 20, at Queen of All Saints Catholic Church Legacy Center, 1719 Barker Ave.

Guests can get flu shots from Walgreens, while HealthLinc will administer blood-pressure and glucometer checks. Among the 18 vendors are Franciscan Health, Paws for Healthcare (therapy animals) and Indiana Dunes State Park (outdoor exercise options). Vendors will have freebies, food samples and information about staying healthy during fall and winter.

Scheduled presentations include:

- "Healing Body, Mind & Soul" with Dr. Enad (9 a.m.).
- "SoulCore Prayer and Stretching" with Amy O'Donnell (10 a.m.).
- "Sleep Health" with Dr. Dickover (11:30 a.m.).
- "Navigating Medicare" with Renetta Pavot (1 p.m.).
- "Healthy Homes" with the Board of Health and Anne Klute (2:30 p.m.).

Those attending presentations and visiting vendor tables will be eligible to win prizes. Free healthy snacks will be offered.

Contact Health and Wellness Ministry Leader Bruce Garwood at bgarwood2@hotmail.com for more details.

New Troy Indoor Flea Market

The New Troy Indoor Flea Market returns from 9 a.m. to 3 p.m. EDT Saturday, Oct. 20, at New Troy (Mich.) Community Center, 13372 California Road.

The market continues the second and third Saturdays of each month through April. It includes antiques, tools, crafts, books, memorabilia, housewares, furniture and locally made or grown items. Lunch will be sold.

Admission is free. Proceeds from space rentals benefit the center, an all-volunteer facility run by the non-profit Friends of New Troy.

A map is available at www.Facebook/NewTroy-FleaMarket. Call Donald Heitsch at (773) 803-9773 for details.

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Miller Pizza By the Beach, 1012 N. Karwick Road, is taking applications for employment. Apply within. No phone calls, please.

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Building Commissioner-Town of Long Beach Part Time: 20 hours per week

POSITION SUMMARY:

- Responsible for the administration and enforcement of all building and zoning ordinances.
- Recommends approval of building permits and manages contractor registrations.
- Supervises the Town Building Inspector and Town Electrical Inspector.
- Will have regularly scheduled business hours in the Town of Long Beach Building Commission office, and will attend twice monthly Building Commission meetings.

POSITION REQUIREMENTS:

- Indiana Registered Architect, Indiana Licensed Professional Engineer, licensed and qualified general contractor, or Certified Building Inspector/Administrator required.
- Experience working in a municipal setting is required.
- Communication, organizational and basic computer skills are essential.
- Valid Indiana Drivers' License.

Qualified candidates should send their resume to:

P. J. Krueger-HR Solutions, LLC 2608 Oriole Trail Long Beach, IN 46360 FAX: (219) 872-0053 Email: pjksphr@comcast.net

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CONTINUING THIS WEEKEND · FABULOUS FALL GIRLFRIEND SALE

Shop our designer room with new items from our favorite specialty boutiques, plus our consignment room with something for all budgets! This is the event of the season with more than 100 participants for a wide variety of sizes, styles and colors with prices as low as \$5. We have everything you need to complete your wardrobe and look fabulous from professional business wear to dressy beaded items to T-shirts to warm coats and furs plus much, much, more. Finish your look with fashionable shoes and boots, scarves, purses and hats. Don't miss an entire wall of jewelry to add the perfect touch oglam.

Sat., Oct. 20, 10a.m.-2 p.m. famous 1/2 price day Sat., Oct. 27, 10a.m.-noon Giveback sale, portion of proceeds donated to The Samaritan Center

Long Beach Community Center 2501 Oriole Trail Long Beach, IN 46360

Visit us on Facebook @thegirlfriendsale for a peek at our spectacular sale. Stop at the ATM to take advantage of our optional CASH ONLY speedy checkout. Parking at the Community Center is limited. You are welcome to park on the grass triangle in front of the building with all 4 tires off the pavement. Please pull in leaving room for others, regard the no-parking signs that are posted and do not park down any side streets on residents properties. Thank you for your cooperation!
COME SHARE IN A LITTLE GIRLFRIEND LOVE

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WANTED: I buy all types of antiques and collectibles, including toys, advertising, military items and more. Call Matt at (219) 794-6500.

> Wanted: Late-model, 4-wheel ATV for 2-6 passengers. (269) 469-0279.

REAL ESTATE

COMMERCIAL - RENTALS/LEASE/SELL

Beachwalk Resort at STOP 7 has fully furnished homes, ranging from studio to 5 bedrooms available for monthly rent Sept. 15-May 15. Monthly rates

\$900 to \$2,500, INCLUDES utilities, cable and Internet. Please call (800) 814-7501 or email odessa@beachwalkresort.com for more information.

RENTALS INDIANA

Stop 31. Nicely furn. 3BR, 2BA with 3-season porch. Family room. \$2,100/wk. WiFi. W/D. No smoking/pets. 4-min. walk to beautiful beach. Winter/spring available: \$895/mo+util. Call Pat at (708) 361-8240.

*****SEASONAL FURNISHED RENTALS*****

- \$1,200/mo + utilities | Furnished 4 BR, 2.5 BA, 2-Car Garage | Stop 30 | Avail Mid Sept-May
- \$1,100/mo + utilities | Furnished 3 BR, 2 BA | Hillside Lake Shore Drive @ Stop 20 I Avail Oct-May
- \$1,200/mo + utilities | Furnished 2 BR, 2 BA Condo in Dunescape | Gated Access, Private Pool, Hot Tub, Gym and Beach Access I Avail Nov-May (June & July at Market Rate)

Available Seasonal or Long Term - Call for details! Multi-Level 3 BR, 2.5 BA, 2-Car Garage at Dunescape. Gated Access, Private Pool, Hot Tub, Gym & Beach Access

AVAILABLE NOW - MAY 2019! 3BR Shoreland Hills Furnished Ranch, Close to Lake Michigan, \$975+ utilities.

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Furnished 2BR/1BA rental September-May in Sheridan Beach. Newly rehabbed. \$1,050. Call (574) 514-3224.

Beautiful new gorgeously decorated 4BR/4BA house in Shorewood Hills. 5 minutes walk to lake. 400 square foot screened-in porch. Rent: \$2,400+utilities. 1-year lease available. Call (847) 769-7800 or email

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Call Pete at (219) 561-0066.

SHERIDAN BEACH: 2 fully furnished apts. Available Sept.15-May 15. 3BR, 1.5BA. \$1,200/mo, 1BR, 1BA, \$800/mo. Off-street parking, utilities incl. Contact: jhouston@tds.net

Available now through May 2019: fully furnished 3BR Sheridan Beacharea home. The perfect beachhouse has everything: huge outside deck, galley kitchen, cedar beams, skylights, bays widows, very nautical, large rec. room, laundry room. Short walk to beach. No pets/smokers. \$1,500/mo+utilities. Requires 1-month security deposit.

Call Bob at (630) 886-3986.

AVAILABLE NOW: Studio Apartment! Located 1 block from the beach at Stop 24. \$500/month + gas & electric. No pets, no smoking.

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Support those who advertise in the Beacher! Tell them you saw their Ad!

JROTC Supports School, Community

Michigan City High School's Marine Corps Junior Reserve Officer Training Corps participated in numerous activities in September to support the school system and surrounding community.



The Color Guard in front of a black hawk helicopter at Military Appreciation Night.

Among the events MCHS were the open house, two Saturdays assisting an elderly woman clean her house and the United Way Car Wash. Cadets also performed four Color Guards: two home football games, the LaPorte Veterans of Foreign Wars Veteran of the Year Dinner and the Military Appreciation Night in Valparaiso.

helicopter at Military Appreciation Night. Cadets marched in the Oct. 6 homecoming parade, carrying the oversized American flag, which they also displayed for the football game against LaPorte. On Oct. 12, they will provide the Color Guard for the final regulation game against Crown Point, which also is Senior Night. If the football team is at home for any playoff games, they will provide the color guard for those games.

The Raider Team will compete at Hobart on Oct. 20. This is a physical-fitness competition, requiring strength, endurance and teamwork. They also will support the MCAS Howl-O-Ween event at Ames Field on Oct. 25, as well as Halloween events at Sunset Hills in Valparaiso on Oct. 19-20 and 26-27.

Museum Curator's Report

Susie Richter, LaPorte County Historical Society Museum director, released her final curator's report. She will retire Nov. 1 after 19 years in the position.



One of the displays in "Women Making History: Trailblazers of LaPorte County."

Visitors in September came from 13 Indiana counties, 21 states, Canada and Mexico. The current fall exhibit, "Women Making History: Trailblazers of LaPorte County," continues through November, highlighting 15 LaPorte County women.

A program featuring several of these women was held Sept. 22. David Hay spoke about his sister, female judge Susan Hay Hemminger. County Historian Fern Eddy Schultz presented several women, including pianist Hazel Harrison, and Sandy Young portrayed Harriet Colfax, Michigan City's lighthouse keeper for more than 40 years.

Donations included:

- 1950s game of "Pin the Tail...," Pin from 3 Star Lounge, family greeting cards, Arlene Martin.
- <u>Miss Colfax's Light</u>, <u>Capsized</u>, books from Michigan City Historical Society.
- Mayor's vest, name tag, officer pin, placard and photos, all belonging to former Mayor Blair Milo, Milo.
- Wooden Indian from Lucky's Cigar Store, Deborah Simpson.
- Framed photos, police department commemorative, political fan, nameplate, award, all belonging to former Mayor Kathy Chroback, Chroback.
- Indiana Avenue neighborhood quilt, 1985, Susie Richter.
- Rolls Razor and case belonging to former Police Officer Larry Williams, Nancy Williams.
- Bicentennial torch relay sign, Commissioner Rich Mrozinski.
- Allis-Chalmers toy bulldozer and wagon, license plate and model "Antos" tank, Rodney Heidel.
- Book, The Doctors Mayo, Jan Edquist.
- Items for the sale table, June Reeves, Kathleen Hyska and Susie Richter.

Classified ads do the trick! Call (219) 879-0088



Off the Book Shelf

by Sally Carpenter

<u>Button Man</u> by Andrew Gross (hardcover, \$27.99 retail in bookstores and online; also available as an eBook)

This story takes the garment industry's early days, organized crime and one immigrant Jewish family in New York City during the first half of the 1900s and bundles it all up into one amazing historical fiction novel about the author's own family.

New York City at the turn of the 20th century was full of immigrants, especially the Lower East Side

where the family of Jacob and Bella Rabishevsky lived. The story opens in 1905. The family has six children: Bess, 11, Anna, 9, Sol, 7, twins Shemuel and Harold, 6, and Morris, 2, the only one born in America. No one could foresee that Morris would someday be the leader of the family and forge a business of his own. But wait, I'm getting ahead of myself...

Gross takes the reader down the streets of New York, inside the cramped quarters of a three-room tenement apartment, then down the dirty streets where kids played and sometimes got beat up and grew up streetwise.

He does a great job providing a realistic picture of what life was like for an immigrant family back then. Jacob was studying to be a rabbi in Russia, but here in America, he could only find work as the shammash of the temple — "opening and closing the doors, sweeping up after services and adjusting the Torah scroll to the reading of that day."

One fateful day in 1905 sets the tone and paths of the Rabishevsky children for the rest of their lives. Little Shemuel is run over by a horse-drawn fire truck racing to a fire at the temple. Harry would carry the guilt all his life that it was his fault his brother died because they were playing a stupid game. His mother blamed him, too...

It was a tough place and a tough time, so Morris learned how to take care of himself early on. At 12, he quit school, talked his way into a job for Menushem Kaufman at his Majestic Garment Company. Because his name was hard to pronounce, Kaufman changed Morris' name to Raab. Three years later, he forged his mother's consent so he could join the Army and fight the Great War. The only Jew in his unit, Morris suffered bad jokes and fights that lead to the discovery of his real age and a trip back to New York. Back to Majestic Garment again, this time observing and learning the trade. By 21, Morris persuades his brother Sol to open their own business — Raab Brothers — making coats with fur collars and cuffs.

At this time, during the 1930s, the mobs were

gathering strength. They took over unions and forced companies to sign with them or face the consequences — like unusual fires or, in the case of Manny Gutman, one of Morris' close friends, acid in the face. The mob had police, firemen, judges and politicians in their pocket. This is when Louis Buchalter, who later changed his name to Lepke, began Murder Inc. Names from the annals of the time appear: Albert Anastasia, Meyer Lansky, Arnold Rothstein, Jack "Legs" Diamond and Dutch

Schultz.

The Raab Brothers grew a nice business. Harry, however, always the outsider, started working for Buchalter. Easy money, women, the night club life, appealed to him, and his self-loathing kept him from his family and numerous attempts by Morris to get him in the garment business.

As the months went by, more and more of the Raab Brothers' friends and associates in the garment trade went under, some because they wouldn't knuckle down, some because they couldn't make the payments to the union and went bankrupt.

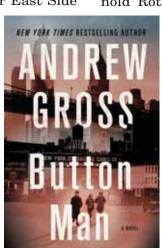
The Rabisheysky boys knew many of these mobsters. They all grew up in the Lower East Side. Morris and Sol managed to keep away from them until Buchalter decided it was time for Raab Brothers to join the fold.

The unions made them buy only from their suppliers, who usually had inferior products. What could any of them do? There was no one they could trust. Then came Thomas E. Dewey, the new special prosecutor. He built a reputation of being honest and not under anyone's thumb. Even then, Morris had his doubts about Dewey's ability to do anything about the mob and its stranglehold on the unions—until the night the Raab Brothers factory was entered and a shipment of goods ready for delivery destroyed. Morris now faced a real dilemma. He wasn't afraid to face the mob by himself, but he now had a wife and two young children. Could he put their lives in jeopardy?

The climax, with Morris chained and ready to be thrown in the Hudson River, kept my eyes on the pages and my mouth wide open in amazement. It's an ending you won't forget. A well-written, fascinating piece of history — I recommend it wholeheartedly.

Gross has researched this story using many sources, including his own family's history. He is a *New York Times* and international bestselling author of 11 other books. He also cowrote five bestsellers with James Patterson.

Till next time, happy reading!











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